

TEAM ROSTER

As of Sun 28 Jun 2026



Team:  Norway

Competition: Women's 16 European Open - Final Tournament

Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Amdam, Amelie Isabel	11.10.2010	7	Centre Back	1.76	Byåsen IL	0	0
Andenæs, Amalie Johansen	01.10.2010	1	Goalkeeper	1.78	Nordstrand IF	0	0
Bore, Lotte Mellemstrand	17.06.2011	4	Back	1.71	Bryne HK	0	0
Børresen, Johanne	07.02.2010	2	Right Wing	1.67	Lørenskog HK	0	0
Grande, Fia Johnsen	23.07.2010	5	Back	1.76	Reistad IL	0	0
Herou, Selma Karin My	16.05.2010	31	Left Wing	1.69	Monolitten IL	0	0
Kalvenes, Nathalie Steira	23.01.2010	20	Line Player	1.67	Åsane	0	0
Pedersen, Nora Stav	03.02.2010	29	Back	1.67	Byåsen IL	0	0
Risa, Helle Soldal	20.10.2010	11	Back	1.78	Ålgård HK	0	0
Sandvik, Anna Seljeset	01.01.2010	25	Right Back	1.71	IL Hødd	0	0
Sellgren, Amalie Bremseth	12.07.2010	18	Line Player	1.80	Byåsen IL	0	0
Selseth, Thea Marie Kjølsvik	15.01.2010	35	Line Player	1.80	Levanger HK	0	0
Sørli, Lina Nygård	06.04.2010	6	Right Wing	1.63	Monolitten IL	0	0
Stangeland, Sunniva Sola	07.06.2010	10	Left Wing	1.72	Sandnes HK	0	0
Stefansson, Selma Lilja Thorp	17.11.2011	12	Goalkeeper	1.80	Elverum Handball	0	0
Uyanna, Mariell Mathisen	06.02.2010	21	Centre Back	1.80	Østsidan Fredrikstad	0	0

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Aalborg, Synne Lind	21.04.2010	23	Left Wing	1.75	Fjellhammer IL	0	0
Amland, Nora Kjærgård	12.03.2010	16	Goalkeeper	1.77	Sotra	0	0
Amundsen, Sofia	02.03.2010	13	Back	1.73	Ålgård HK	0	0
Brun, Hermine Wågbø	12.03.2010	9	Back	1.72	SK Rapp	0	0
Dahl, Sophie	14.02.2011	34	Right Back	1.81	Os Turnforening	0	0
Grindheim, Anna Elisa	03.06.2010	17	Back	1.71	Åsane	0	0
Hammer-Tunes, Elida Johanna	26.07.2010	8	Right Back	1.78	Aker TH	0	0
Isager, Linnea Korneliussen	23.02.2010	27	Line Player	1.80	Tertnes Håndball	0	0
Jansen, Sanna Storstein	11.05.2010	19	Right Wing	1.70	IL Rival	0	0
Mæhlum, Sofie Ulstein	22.08.2010	22	Back	1.70	IL Hødd	0	0
Nordgård, Sofie Andersen	02.04.2011	33	Right Back	1.69	Østsiden Fredrikstad	0	0
Østbø, Julie Rørmark	03.01.2010	3	Back	1.76	Bryne HK	0	0
Pedersen, Jenny Storhaug	13.07.2010	26	Back	1.73	Oppsal IF Håndball	0	0
Salomonsen, Mathilde	03.10.2010	15	Left Wing	1.68	Tertnes Håndball	0	0
Spikkerud, Malenah Lam	26.01.2010	14	Back	1.66	Aker TH	0	0
Strøm, Tuva Smith	02.07.2010	37	Back	1.71	Tasta	0	0
Unneland, Sina Lade	09.02.2011	32	Back	1.74	Tertnes Håndball	0	0
Valleraunet, Martine Kjøsnes	11.03.2010	30	Line Player	1.75	Vikhammer HK	0	0
Walstad, Sienna Wilhelmsen	11.09.2010	28	Goalkeeper	1.79	Fjellhammer IL	0	0

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Official	Birthdate	Nationality	Function
Ruud , Fredrik	26.02.1989	NOR	Coach (LC)
Hermansson Högdahl , Mia	06.05.1965	SWE	Coach (LC)
Gjerde , Joar	01.11.1988	NOR	Assistant Coach (LC)
Johnsson , Carl Johan Lennart	12.05.1977	SWE	Goalkeeper Coach
Solberg , Guro Horten	20.09.1981	NOR	Physiotherapist
Kantardjiev , Bettina Nævestad	10.07.1989	NOR	Physiotherapist
Sødal , Beate	06.05.1969	NOR	Team Manager

Dresses Colours

	Priority 1	Priority 2	Priority 3
Shirt color	Red	White	
Short color	Dark blue	Dark blue	Red
Goalkeeper shirt color	Blue	Black	Yellow