

TEAM ROSTER

As of Tue 31 Mar 2026



Team:  Iceland

Competition: Women's EHF EURO 2026 - Qualifiers Phase 2 - Round 5 & 6

Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Aðalsteinsdóttir, Emelía Ósk	26.09.2006	26	Line Player	1.76	Umf Selfoss		
Ágústsdóttir, Lilja	30.04.2004	9	Left Wing	1.70	Valur		
Arnarsdóttir, Alexandra Líf	22.10.2000	35	Line Player	1.76	Haukar		
Ásmundsdóttir, Katrín Anna	04.07.2004	24	Right Wing	1.70	Grótta		
Bjarnasen, Ethel Gyða	30.07.2005	40	Goalkeeper	1.80	Fram		
Elíasdóttir, Elísa	31.07.2004	14	Line Player	1.75	Valur		
Eradze, Mariam	14.10.1998	27	Left Back	1.82	Valur		
Erlingsdóttir, Sandra	27.07.1998	21	Centre Back	1.60	Handknattleiksdeild IBV		
Friðgeirsdóttir, Harpa María	15.12.2000	32	Left Wing	1.70	Handknattleiksdeild Fram		
Grétarsdóttir, Birta Rún	20.02.2000	41			HB Sint-Truiden		
Gudmundsdóttir, Rakel Oddny	26.06.2004	37	Left Wing	1.70	Knattspyrnufelagiö Haukar		
Gunnlaugsdóttir, Andrea	07.03.2002	30	Goalkeeper	1.75	Fram		
Hallgrímsdóttir, Sif	27.01.2006	16	Goalkeeper	1.66	Knattspyrnufelagiö Haukar		
Haraldsdóttir, Birna Berg	21.06.1993	11	Right Back	1.81	IBV Iprottafelag		
Helgadóttir, Sara Sif	08.06.2000	20	Goalkeeper	1.72	Knattspyrnufelagiö Haukar		
Hjaltadóttir, Sara Dögg	03.07.2000	45		1.79	ÍR		
Hjarðar, Ásdís Halla	14.08.2007	48	Line Player	1.70	Handknattleiksdeild IBV	0	0
Jacobsen, Andrea	09.04.1998	3	Left Back	1.82	HSG Blomberg-Lippe		
Jensdóttir, Katrin Tinna	31.07.2002	33	Line Player	1.81	ÍR		
Johannsdóttir, Inga Dis	27.03.2004	39	Left Back	1.84	Knattspyrnufelagiö Haukar		

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Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Jóhannsdóttir, Adela Eyrún	03.12.2007	49	Left Back	1.83	Umf Selfoss	0	0
Jónsdóttir, Matthildur Lilja	13.09.2004	43	Centre Back	1.76	ÍR		
Magnusdóttir, Diana Dögg	19.09.1997	7	Right Wing	1.73	HSG Blomberg-Lippe		
Magnúsdóttir, Katla María	16.09.2001	44	Left Back	1.78	TTH Holstebro Damer A/S		
Magnúsdóttir, Élin Rosa	22.10.2002	22	Centre Back	1.69	HSG Blomberg-Lippe		
Pálsdóttir, Dagmar Guðrún	14.05.2006	47	Right Back	1.62	Fram		
Renötudóttir, Hafdís	12.07.1997	12	Goalkeeper	1.93	Valur		
Sigsteinsdóttir, Sonja Lind	14.01.2004	36	Right Back	1.70	Knattspyrnufelagið Haukar		
Sigurdardóttir, Johanna Margret	12.06.2002	15	Left Back	1.80	Knattspyrnufelagið Haukar		
Steindórsdóttir, Embla	07.12.2005	38	Centre Back	1.73	Knattspyrnufelagið Haukar		
Sturludóttir, Thea Imani	21.01.1997	25	Right Back	1.80	Valur		
Thompson, Lovísa	27.10.1999	19	Left Back	1.70	Valur		
Þórhallsdóttir, Ásthildur	18.09.2006	46	Left Wing	1.65	Valur		
Þorkelsdóttir, Elín Klara	14.09.2004	17	Centre Back	1.68	IK Sävehof		
Valdimarsdóttir, Lena Margrét	03.05.2000	42	Right Wing		Skara HF		

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Team:  Iceland

Competition: Women's EHF EURO 2026 - Qualifiers Phase 2 - Round 5 & 6

Official	Birthdate	Nationality	Function
Viggósson, Jón Gunnlaugur	08.11.1982	ISL	(LC)
Skúladóttir, Hrafnhildur Ósk	09.08.1977	ISL	(LC)
Óskarsson, Óskar Bjarni	15.03.1973	ISL	(LC)
Pétursson, Arnar	05.07.1976	ISL	(LC)
Morthens, Hlynur	12.12.1975	ISL	
Hinriksson, Hjörtur	30.07.1977	ISL	
Jökulsdóttir, Tinna	12.05.1983	ISL	
Gylfadóttir, Jóhanna Björk	30.01.1990	ISL	

Dresses Colours

	Priority 1	Priority 2	Priority 3
Shirt color	Blue	White	
Short color	Blue	White	
Goalkeeper shirt color	Black	Pink	Yellow

TEAM ROSTER

As of Mon 23 Feb 2026



Team:  Iceland

Competition: Women's EHF EURO 2026 - Qualifiers Phase 2 - Round 3 & 4

Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Aðalsteinsdóttir, Emelía Ósk	26.09.2006	26	Line Player	1.76	Umf Selfoss		
Arnarsdóttir, Alexandra Líf	22.10.2000	35	Line Player	1.76	Haukar		
Ásgeirsdóttir, Þórey Anna	03.11.1997	6	Right Wing	1.71	Valur		
Ásmundsdóttir, Katrín Anna	04.07.2004	24	Right Wing	1.70	Grótta		
Bjarnasen, Ethel Gyða	30.07.2005	40	Goalkeeper	1.80	Fram		
Elíasdóttir, Elísa	31.07.2004	14	Line Player	1.75	Valur		
Eradze, Mariam	14.10.1998	27	Left Back	1.82	Valur		
Erlingsdóttir, Sandra	27.07.1998	21	Centre Back	1.60	Handknattleiksdeild IBV		
Friðgeirsdóttir, Harpa María	15.12.2000	32	Left Wing	1.70	Handknattleiksdeild Fram		
Grétarsdóttir, Birta Rún	20.02.2000	41			HB Sint-Truiden		
Gudmundsdóttir, Rakel Oddny	26.06.2004	37	Left Wing	1.70	Knattspyrnufelagið Haukar		
Guðmundsdóttir, Dana Björg	01.06.2002	23	Left Wing	1.70	Volda HK		
Gunnlaugsdóttir, Andrea	07.03.2002	30	Goalkeeper	1.75	Fram		
Hallgrímsdóttir, Sif	27.01.2006	16	Goalkeeper	1.66	ÍR	0	0
Haraldsdóttir, Birna Berg	21.06.1993	11	Right Back	1.81	IBV Iþrottafélag		
Helgadóttir, Sara Sif	08.06.2000	20	Goalkeeper	1.72	Knattspyrnufelagið Haukar		
Hjaltadóttir, Sara Dögg	03.07.2000	45		1.79	ÍR	3	12
Jacobsen, Andrea	09.04.1998	3	Left Back	1.82	HSG Blomberg-Lippe		
Jensdóttir, Katrin Tinna	31.07.2002	33	Line Player	1.81	ÍR		
Johannsdóttir, Inga Dis	27.03.2004	39	Left Back	1.84	Knattspyrnufelagið Haukar		

TEAM ROSTER

As of Mon 23 Feb 2026



Team:  Iceland

Competition: Women's EHF EURO 2026 - Qualifiers Phase 2 - Round 3 & 4

Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Jónsdóttir, Matthildur Lilja	13.09.2004	43	Centre Back	1.76	ÍR		
Kristinsdóttir, Vaka Líf	11.04.2005	31	Left Back	1.76	ÍR	0	0
Magnusdottir, Diana Dögg	19.09.1997	7	Right Wing	1.73	HSG Blomberg-Lippe		
Magnúsdóttir, Katla María	16.09.2001	44	Left Back	1.78	TTH Holstebro Damer A/S		
Magnúsdóttir, Élin Rosa	22.10.2002	22	Centre Back	1.69	HSG Blomberg-Lippe		
Oddsdóttir Hagalín, Alfa Brá	27.04.2005	34	Left Back	1.80	Fram		
Renötudóttir, Hafdís	12.07.1997	12	Goalkeeper	1.93	Valur		
Sigsteinsdóttir, Sonja Lind	14.01.2004	36	Right Back	1.70	Knattspyrnufelagið Haukar		
Sigurdardottir, Johanna Margret	12.06.2002	15	Left Back	1.80	Knattspyrnufelagið Haukar		
Steindórsdóttir, Embla	07.12.2005	38	Centre Back	1.73	Knattspyrnufelagið Haukar		
Sturludóttir, Thea Imani	21.01.1997	25	Right Back	1.80	Valur		
Thompson, Lovísa	27.10.1999	19	Left Back	1.70	Valur		
Þórhallsdóttir, Ásthildur	18.09.2006	46	Left Wing	1.65	Valur		
Þorkelsdóttir, Elín Klara	14.09.2004	17	Centre Back	1.68	IK Sävehof		
Valdimarsdóttir, Lena Margrét	03.05.2000	42	Right Wing		Skara HF		

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Official	Birthdate	Nationality	Function
Viggósson, Jón Gunnlaugur	08.11.1982	ISL	(LC)
Óskarsson, Óskar Bjarni	15.03.1973	ISL	(LC)
Pétursson, Arnar	05.07.1976	ISL	(LC)
Skúladóttir, Hrafnhildur Ósk	09.08.1977	ISL	Unknown
Morthens, Hlynur	12.12.1975	ISL	
Hinriksson, Hjörtur	30.07.1977	ISL	
Jökulsdóttir, Tinna	12.05.1983	ISL	
Gylfadóttir, Jóhanna Björk	30.01.1990	ISL	

Dresses Colours

	Priority 1	Priority 2	Priority 3
Shirt color	Blue	White	
Short color	Blue	White	
Goalkeeper shirt color	Black	Pink	Yellow

TEAM ROSTER

As of Tue 07 Oct 2025



Team:  Iceland

Competition: Women's EHF EURO 2026 - Qualifiers Phase 2 - Round 1 & 2

Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Aðalsteinsdóttir, Emelía Ósk	26.09.2006	26	Line Player	1.76	Umf Selfoss		
Ágústsdóttir, Lilja	30.04.2004	9	Left Wing	1.70	Valur		
Arnarsdóttir, Alexandra Líf	22.10.2000	35	Line Player	1.76	Haukar		
Ásgeirsdóttir, Þórey Anna	03.11.1997	6	Right Wing	1.71	Valur		
Ásmundsdóttir, Katrín Anna	04.07.2004	24	Right Wing	1.70	Grótta		
Bjarnasen, Ethel Gyða	30.07.2005	40	Goalkeeper	1.80	Fram		
Elíasdóttir, Elísa	31.07.2004	14	Line Player	1.75	Valur		
Eradze, Mariam	14.10.1998	27	Left Back	1.82	Valur		
Erlingsdóttir, Sandra	27.07.1998	21	Centre Back	1.60	Handknattleiksdeild IBV		
Friðgeirsdóttir, Harpa María	15.12.2000	32	Left Wing	1.70	Handknattleiksdeild Fram		
Gudmundsdóttir, Rakel Oddny	26.06.2004	37	Left Wing	1.70	Knattspyrnufelagið Haukar		
Guðmundsdóttir, Dana Björg	01.06.2002	23	Left Wing	1.70	Volda HK		
Haraldsdóttir, Birna Berg	21.06.1993	11	Right Back	1.81	IBV Iprottafelag		
Heimisdóttir, Aldis Asta	14.04.1999	29	Centre Back	1.70	Skara HF		
Helgadóttir, Sara Sif	08.06.2000	20	Goalkeeper	1.72	Knattspyrnufelagið Haukar		
Jacobsen, Andrea	09.04.1998	3	Left Back	1.82	HSG Blomberg-Lippe		
Jensdóttir, Katrin Tinna	31.07.2002	33	Line Player	1.81	ÍR		
Johannsdóttir, Inga Dis	27.03.2004	39	Left Back	1.82	Knattspyrnufelagið Haukar		
Jóhannsdóttir, Ágústa Tanja	14.09.2006	30	Goalkeeper	1.82	Selfoss		
Jónsdóttir, Matthildur Lilja	13.09.2004	43	Centre Back	1.76	ÍR		

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Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Magnusdottir, Diana Dögg	19.09.1997	7	Right Wing	1.73	HSG Blomberg-Lippe		
Magnúsdóttir, Ída Bjarklind	29.08.1999	41		1.85	Umf Selfoss		
Magnúsdóttir, Katla María	16.09.2001	44	Left Back	1.78	TTH Holstebro Damer A/S		
Magnúsdóttir, Elín Rósa	22.10.2002	22	Centre Back	1.67	HSG Blomberg-Lippe		
Oddsóttir Hagalín, Alfa Brá	27.04.2005	34	Left Back	1.80	Fram		
Renötudóttir, Hafdís	12.07.1997	12	Goalkeeper	1.93	Valur		
Sigsteinsdóttir, Sonja Lind	14.01.2004	36	Right Back	1.70	Knattspyrnufelagið Haukar		
Sigurdardóttir, Johanna Margret	12.06.2002	15	Left Back	1.80	Knattspyrnufelagið Haukar		
Steindórsdóttir, Embla	07.12.2005	38	Centre Back	1.73	Knattspyrnufelagið Haukar		
Sturludóttir, Thea Imani	21.01.1997	25	Right Back	1.80	Valur		
Thompson, Lovísa	27.10.1999	19	Left Back	1.70	Valur		
Þórhallsdóttir, Ásthildur	18.09.2006	46	Left Wing	1.65	Valur		
Þorkelsdóttir, Elín Klara	14.09.2004	17	Centre Back	1.68	IK Sävehof		
Traustadóttir, Tinna Sigurrós	05.05.2004	31	Right Back	1.75	Stjarnan		
Valdimarsdóttir, Lena Margrét	03.05.2000	42	Right Wing		Skara HF		

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Viggósson, Jón Gunnlaugur	08.11.1982	ISL	(LC)
Óskarsson, Óskar Bjarni	15.03.1973	ISL	Unknown (LC)
Pétursson, Arnar	05.07.1976	ISL	(LC)
Gunnarsdóttir, Þorbjörg Johanna	18.02.1961	ISL	
Morthens, Hlynur	12.12.1975	ISL	
Hinriksson, Hjörtur	30.07.1977	ISL	
Jökulsdóttir, Tinna	12.05.1983	ISL	
Gylfadóttir, Jóhanna Björk	30.01.1990	ISL	
Daníel Franz, Daníel Franz	05.10.2004	ISL	

Dresses Colours

	Priority 1	Priority 2	Priority 3
Shirt color	Blue	White	
Short color	Blue	White	
Goalkeeper shirt color	Black	Pink	Yellow