

TEAM ROSTER

As of Sat 19 Jul 2025



Team:  Poland

Competition: Women's 19 EHF EURO 2025 - Final Tournament

Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Biesaga, Maria	03.08.2007	22	Right Wing	1.69	MMKS Jutrzenka Płock	9	2
Chwojnica, Zofia	25.03.2006	42	Right Wing	1.74	EKS Start Elbląg	48	131
Gardian, Natalia	23.02.2006	2	Centre Back	1.70	SPR Pogon 1945 Zabrze	18	57
Grzesista, Julia	11.01.2007	9	Left Back	1.87	MUKS Skałka-Śląsk Świętochłowice	42	59
Jurek, Nikola	27.02.2007	6	Centre Back	1.79	MLKS Czarni Olecko	28	36
Kosidło, Wiktoria	06.09.2007	33	Left Back	1.84	SPR Lukovia Luków	12	2
Krupa, Zuzanna	30.03.2006	19	Left Wing	1.69	SPR Olkusz	44	67
Machnio, Michalina	04.08.2006	4	Centre Back	1.73	KS APR Radom	13	23
Mazurkiewicz, Maria	21.08.2006	5	Right Back	1.78	KS APR Radom	40	134
Pawłowska, Oliwia	23.02.2006	13	Line Player	1.78	SKS KUSY KRAKÓW	41	84
Pentek, Maria	06.07.2006	30	Goalkeeper	1.89	Energa Start Elbląg	0	0
Schlabs, Maja	05.01.2006	14	Right Back	1.78	MKS PR Gniezno	23	63
Smelcerz, Nina	06.11.2007	16	Goalkeeper	1.87	Suzuki Korona Handball Kielce	29	0
Szymanska, Emilia	21.12.2006	77	Left Wing	1.78	Pogoń 1945 Zabrze	2	1
Wrzesinska, Marta	17.06.2006	3	Line Player	1.78	KS AZS AWF Warszawa	10	2
Zimnicka, Zuzanna	18.11.2006	44	Left Back	1.73	KPR Gminy Kobierzyce	23	48

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Nominated Players	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Bal, Roksana	16.07.2006	21	Left Back	1.75	Team Esbjerg HK	2	1
Berent, Kinga	06.03.2007	1	Goalkeeper	1.82	MKS Brodnica	36	0
Bogacka, Kinga	21.08.2007	15	Right Back	1.74	UKS Dziewiątka Legnica	0	0
Kopik, Zuzanna	23.02.2006	24	Line Player	1.64	MTS Kwidzyn	0	0
Kurlej, Zuzanna	14.01.2006	26	Left Wing	1.61	AZS AWF Warszawa	44	99
Niedziolka, Martyna	23.03.2007	23	Right Wing	1.63	AWF AZS Warszawa	24	18
Pawlak, Wiktoria	30.03.2006	7	Right Back	1.80	KS Otmęt Krapkowice	41	26
Stanczak, Daria	30.08.2006	29	Line Player	1.65	MKS Zagłębie Lubin	0	0
Uscinowicz, Lena	05.09.2007	10	Line Player	1.79	SPR Gdynia	8	5
Wisniewska, Amelia	14.06.2007	55	Right Back	1.75	Bukowsko-Dopiewski KPR	10	13
Zywczak, Julia	10.08.2007	46	Right Wing	1.67	SKS Kusy Kraków	3	2

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Replaced Players	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Barna, Patrycja	27.05.2006	11	Centre Back	1.65	MKS Victoria Swiebodzice	13	15
Cieslak, Antonina	12.08.2006	12	Goalkeeper	1.71	MKS PIOTRKOVIA Piotrków Trybunalski	37	0

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Official	Birthdate	Nationality	Function
Jagodzinski, Marek	01.04.1979	POL	Head Coach (LC)
Góral, Artur	11.03.1970	POL	Goalkeeper Coach (LC)
Smolarczyk, Marcin	29.02.1984	POL	Other
Szmał, Sławomir	02.10.1978	POL	President
Nowacki, Paweł	10.09.1975	POL	Physiotherapist
Kapuscinski, Paweł	08.02.1985	POL	Assistant Trainer
Piasecki, Wojciech	07.09.1980	POL	Physiotherapist
Swigon, Piotr	24.09.1965	NOR	Coach
Rzezniczek, Aleksandra	31.01.1992	POL	Head of Delegation

Dresses Colours

	Priority 1	Priority 2	Priority 3
Shirt color	WHITE	RED	WHITE
Short color	WHITE	RED	RED
Goalkeeper shirt color	ORANGE	BLACK	YELLOW