

# TEAM ROSTER

As of Wed 10 Jun 2026



Team:  Norway

Competition: Men's 20 EHF EURO 2026 - Final Tournament

| Nominated Players                | Birthdate  | Nr. | Position    | Height (in m) | Club                       | Int. Matches | Goals |
|----------------------------------|------------|-----|-------------|---------------|----------------------------|--------------|-------|
| Aasberg-Andreassen, Edvard       | 15.08.2007 | 20  | Right Wing  | 1.70          | Bodö HK                    | 14           | 17    |
| Andersen, Jonas Søyland          | 22.02.2007 | 18  | Line Player | 1.95          | Drammen HK                 | 14           | 29    |
| Ask, Vemund Norheim              | 11.01.2006 | 27  | Centre Back | 1.90          | ØIF Arendal Håndball Elite | 21           | 62    |
| Bakkedal-Andersen, Marius        | 21.02.2007 | 12  | Goalkeeper  | 1.94          | Elverum Handball           | 2            | 0     |
| Birgisson, Hlini Snær            | 20.12.2007 | 19  | Right Wing  | 1.86          | Follo HK                   | 11           | 34    |
| Bjørnsen, Magnus                 | 03.09.2007 | 35  | Line Player | 1.95          | Charlottenlund SK          | 0            | 0     |
| Bore, Vetle Mellemstrand         | 10.06.2007 | 96  | Left Back   | 1.92          | Nærbø IL                   | 21           | 94    |
| Carlsson, Marcus Thornquist      | 28.12.2006 | 72  | Left Back   | 1.92          | Åsane                      | 2            | 7     |
| Denichou, Gaston René Jean-Marie | 11.03.2006 | 34  | Line Player | 1.95          | Stavanger IF               | 28           | 61    |
| Dolva, Jesper                    | 04.08.2006 | 30  | Line Player | 1.95          | Viking TIF                 | 14           | 15    |
| Eggum, Ola Sønju                 | 13.03.2007 | 8   | Left Back   | 1.98          | Drammen HK                 | 25           | 47    |
| Ekren, Jesper Emblemsvåg         | 27.03.2007 | 24  | Right Back  | 1.88          | Elverum Handball           | 0            | 0     |
| Garmann, Torstein Årberg         | 05.04.2006 | 5   | Right Wing  | 1.87          | Åsane                      | 4            | 13    |
| Gautestad, Alexander Løke        | 13.08.2007 | 6   | Line Player | 1.98          | Idrettslaget Runar         | 22           | 66    |
| Gleditsch, Vetle Revheim         | 14.09.2006 | 16  | Goalkeeper  | 2.01          | Charlottenlund SK          | 9            | 0     |
| Gyve, Christopher Robin          | 13.03.2006 | 40  | Left Back   | 1.91          | Nordstrand IF              | 0            | 0     |
| Hagen, Christoffer Hartz         | 15.03.2006 | 37  | Left Back   | 1.95          | Sandefjord Handball        | 5            | 8     |
| Hanevik, Abel                    | 13.07.2007 | 38  | Right Wing  | 1.85          | Viking HK                  | 23           | 53    |
| Januskevicius, Eimantas          | 08.11.2006 | 23  | Left Back   | 1.98          | Aalborg KFUM               | 11           | 18    |
| Langerød-Nilsen, Ask             | 28.03.2006 | 4   | Left Wing   | 1.81          | ØIF Arendal Håndball Elite | 2            | 1     |

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|----------------------------|------------|-----|-------------|---------------|-----------------------|--------------|-------|
| Lindell, Oskar Hallerud    | 22.05.2006 | 44  | Goalkeeper  | 1.86          | Haslum IL             | 18           | 0     |
| Oma, August Lind           | 31.01.2006 | 9   | Centre Back | 1.79          | Drammen HK            | 24           | 60    |
| Rist, Amund Haugejorden    | 06.10.2006 | 39  | Left Wing   | 1.86          | Haslum IL             | 22           | 43    |
| Rommetveit, Emil           | 31.10.2006 | 1   | Goalkeeper  | 1.95          | Gneist Håndball       | 31           | 0     |
| Sagosen, Ciljan            | 13.12.2007 | 7   | Centre Back | 1.85          | Bergen HK             | 24           | 60    |
| Sandven, Sebastian Rygg    | 30.10.2007 | 41  | Centre Back | 1.90          | Åsane                 | 0            | 0     |
| Seierstad, Christian       | 21.10.2006 | 31  | Right Back  | 1.87          | Idrettslaget Runar    | 4            | 14    |
| Søberg, Tobias Mehren      | 02.08.2006 | 22  | Centre Back | 1.96          | Drammen HK            | 23           | 101   |
| Steinsland, Nikolai Norås  | 12.07.2007 | 33  | Left Wing   | 1.86          | Nærbø IL              | 22           | 45    |
| Sundsbak-Gullaksen, Brede  | 24.11.2007 | 36  | Goalkeeper  | 1.93          | Åsane                 | 0            | 0     |
| Sundsbak-Gullaksen, Casper | 09.02.2006 | 3   | Line Player | 1.95          | Nærbø IL              | 9            | 11    |
| Tjernshaugen, Sander Strøm | 27.04.2007 | 10  | Left Back   | 1.96          | Follo HK              | 11           | 25    |
| Vatnedal, Amandus          | 13.08.2006 | 55  | Left Back   | 1.93          | Rækker Mølle Håndbold | 12           | 30    |
| Wass-Schrader, Adam        | 27.08.2006 | 21  | Right Wing  | 1.90          | Nordstrand IF         | 0            | 0     |
| Westgaard, Fredrik         | 10.02.2007 | 11  | Left Back   | 1.95          | Follo HK              | 10           | 5     |

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| Official                        | Birthdate  | Nationality | Function         |
|---------------------------------|------------|-------------|------------------|
| Laug, Jørgen                    | 04.04.1986 | NOR         | Head Coach (LC)  |
| Fjelddalen, Mads                | 17.11.1977 | NOR         | Goalkeeper Coach |
| Tønne, Fredrik Andreas Lindstad | 11.08.1995 | NOR         | Assistant Coach  |
| Stensø, Joakim Schanke          | 14.01.1994 | NOR         | Physiotherapist  |
| Tønder Knutsen, Karin           | 01.09.1978 | NOR         | Team Manager     |

## Dresses Colours

|                        | Priority 1 | Priority 2 | Priority 3 |
|------------------------|------------|------------|------------|
| Shirt color            | RED        | WHITE      |            |
| Short color            | NAVY BLUE  | NAVY BLUE  |            |
| Goalkeeper shirt color | ROYAL BLUE | BLACK      | RED        |