TEAM ROSTER

As of Sat 26 Sep 2026

Team: Norway
Competition: Women's EHF EURO CUP 2026 - EHF EURO CUP FINALS

Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Abdulla, Tina	20.09.1997	36	Right Wing	1.64	DHG Odense	4	7
Brandbu Andersen, Frida	27.09.2002	3	Left Back	1.73	Sola Handballklubb	1	4
Breistøl, Kristine	23.08.1993	14	Left Back	1.93	Gyori ETO KFT	124	225
Dale, Kari Brattset	15.02.1991	13	Line Player	1.84	Gyori Audi ETO KC	146	390
Eggen, Henriette Espetvedt	16.12.2002	27	Left Back	1.84	Team Esbjerg HK	0	0
Fauske, Helene Gigstad	31.01.1997	38	Left Back	1.77	DHG Odense	35	25
Granlund, Rikke Marie	14.11.1989	28	Goalkeeper	1.72	Sola Handballklubb	17	0
Haugseng, Kaja Horst	23.09.2001	39	Line Player	1.82	Sola Handballklubb	6	5
Henriksen, Selma Helén	25.07.2002	19	Line Player	1.80	Sola Handballklubb	19	38
Hesselberg, Mina	20.04.2000	35	Left Wing	1.77	CS Rapid Bucuresti	7	8
Høgseth, Ane Cecilie	15.01.2001	46	Line Player	1.78	Storhamar Handball Elite	33	16
Hovden, Emilie Margrethe	05.04.1996	26	Right Wing	1.63	Gyori ETO KFT	75	195
Høve, Tuva Ulsaker	11.06.2000	17	Right Wing	1.72	SCM Rm. Valcea	7	13
Hulleberg, Julie	15.06.2001	2	Left Back	1.80	CS Rapid Bucuresti	6	3
Ingstad, Vilde Mortensen	18.12.1994	15	Line Player	1.78	Ferencvarosi Torna Club	149	236
Kristiansen Bakkerud, Ingvild	09.07.1995	21	Left Back	1.87	DHG Odense	87	150
Krogh, June Cecilie	02.12.2003	44	Goalkeeper	1.87	SCM Rm. Valcea	16	0
Kruse, Stella Waagan	07.05.2005	18	Left Wing	1.72	Tertnes Handball Elite	1	2
Løkka Hagen, Sanne	01.04.2003	23		1.69	Storhamar Håndball Elite	0	0
Mørk, Nora	05.04.1991	9	Right Back	1.67	Team Esbjerg Elitehandbold A/S	205	955

TEAM ROSTER

As of Sat 26 Sep 2026

Team: Norway
Competition: Women's EHF EURO CUP 2026 - EHF EURO CUP FINALS

Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Nordstrand, Nora Isabell Husom	21.01.2005	34	Right Wing	1.70	Storhamar Håndball Elite	0	0
Nygaard, Olivia Lykke	14.09.2001	32	Goalkeeper	1.80	Ikast.f.S	8	2
Obaidli, Anniken	22.06.1995	5	Centre Back	1.72	Molde HK Elite	24	27
Raasok, Eli Marie	21.11.1996	40	Goalkeeper	1.75	Storhamar Håndball Elite	33	1
Reistad, Henny Ella	09.02.1999	25	Centre Back	1.81	Team Esbjerg Elitehandbold A/S	122	558
Røsberg-Torgersen, Marit	25.02.1994	20	Right Wing	1.68	Team Esbjerg Elitehandbold A/S	127	215
Rushfeldt Deila, Thale	15.01.2000	33	Left Back	1.78	Gyori ETO KFT	83	199
Rushfeldt Deila, Live	15.01.2000	8	Left Back	1.76	Team Esbjerg Elitehandbold A/S	42	52
Sæteren, Maja Furu	14.05.2003	30	Left Back	1.74	Larvik Handballklubb	16	31
Skogrand, Stine Ruscetta	03.03.1993	7	Right Back	1.73	Ikast f.S.	188	382
Solberg-Isaksen, Sanna Charlotte	16.06.1990	24	Left Wing	1.78	Team Esbjerg Elitehandbold A/S	231	452
Solberg-Østhassel, Silje Margaretha	16.06.1990	12	Goalkeeper	1.78	Team Esbjerg Elitehandbold A/S	228	9
Stensland, Mia	21.07.1999	1	Goalkeeper	1.74	Storhamar Håndball Elite	0	0
Svele, Mia Solberg	16.04.2001	37	Centre Back	1.75	Nykøbing F. Håndbold	0	0
Venn, Kristin	05.03.1994	29	Left Wing	1.68	Storhamar Håndball Elite	7	14

TEAM ROSTER

As of Sat 26 Sep 2026

Team: Norway
Competition: Women's EHF EURO CUP 2026 - EHF EURO CUP FINALS

Official	Birthdate	Nationality	Function
Olsson, Mats Åke	12.01.1960	SWE	Goalkeeper Coach (**LC**)
Larsen, Tonje	26.01.1975	NOR	Assistant Coach (**LC**)
Gjekstad, Ole Gustav	29.11.1967	NOR	Head Coach (**LC**)
Gjerde, Joar	01.11.1988	NOR	Coach (**LC**)
Krøger, Henning	04.02.1954	NOR	Video & Analysis
Leitao, Maria Øgreid	15.03.1978	NOR	Physiotherapist
Kronborg, Lars	24.02.1993	NOR	Team Manager
Emaus, Aina	14.10.1971	NOR	Doctor
Aas-Larsen, Petter Andrè	05.10.1981	NOR	Masseur
Kurth, Maria	18.12.1994	NOR	Media Manager
Kaalstad, Nora	12.06.2000	NOR	Head of Delegation
Olsen, Benedicte Watne	14.08.1991	NOR	Social Media Manager
Jensen, Benjamin	13.04.1975	NOR	Athletic Trainer

Dresses Colours

	Priority 1	Priority 2	Priority 3
Shirt color	Dark Blue	Red	White
Short color	Dark Blue	Red	Dark Blue
Goalkeeper shirt color	Blue	Black	Red

TEAM ROSTER

As of Mon 18 May 2026

Team: Norway
Competition: Women's EHF EURO CUP 2026 - Women's EHF Euro Cup 2026 - Round 5 & 6

Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Andersen, Frida Brandbu	27.09.2002	3	Left Back	1.73	Sola Handballklubb	0	0
Aune, Malin Larsen	04.03.1995	11	Right Wing	1.65	Storhamar Handball	117	218
Barka, Martha	13.06.1999	47	Line Player	1.75	Sola Handballklubb	0	0
Breistøl, Kristine	23.08.1993	14	Left Back	1.93	Györi ETO KC	122	220
Dahlum, Karine Emilie	16.12.1999	48	Right Back	1.74	SønderjyskE Damehåndbold A/S	3	2
Eiriksson, Kristin Loraas	26.01.2001	49	Centre Back	1.79	Oppsal IF Håndball	0	0
Grønstad, Pia	06.11.2005	50	Right Wing	1.80	Sola Handballklubb	0	0
Haugseng, Kaja Horst	23.09.2001	39	Line Player	1.82	Sola Handballklubb	6	5
Henriksen, Selma Helén	25.07.2002	19	Line Player	1.80	Sola Handballklubb	17	29
Hesselberg, Mina	20.04.2000	29	Left Wing	1.77	CS Rapid Bucuresti	7	8
Høgseth, Ane Cecilie	15.01.2001	46	Line Player	1.78	Ikast.f.S	31	16
Hovden, Emilie Margrethe	05.04.1996	26	Right Wing	1.63	Gyori Audi ETO KC	73	186
Høve, Tuva Ulsaker	11.06.2000	17	Right Wing	1.72	SCM RM VALCEA	7	13
Hulleberg, Julie	15.06.2001	2	Left Back	1.80	Larvik Handballklubb	6	3
Ingstad, Vilde Mortensen	18.12.1994	15	Line Player	1.78	Ferencvarosi Torna Club	147	235
Kristiansen, Veronica Egebakken	10.07.1990	4	Left Back	1.74	Gyori Audi ETO KC	206	640
Krogh, June Cecilie	02.12.2003	44	Goalkeeper	1.87	Storhamar Håndball Elite	14	0
Kruse, Stella Waagan	07.05.2005	18	Left Wing	1.72	Tertnes Handball Elite	0	0
Løken, Nora	17.08.2000	52	Left Wing	1.69	Oppsal IF Håndball	0	0
Lunde, Katrine	30.03.1980	16	Goalkeeper	1.80	Randesund IL	388	3

TEAM ROSTER

As of Mon 18 May 2026

Team: Norway
Competition: Women's EHF EURO CUP 2026 - Women's EHF Euro Cup 2026 - Round 5 & 6

Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Mørch, Tirill Alexandrine Solumsmoen	18.08.2000	53	Line Player	1.80	Larvik Handballklubb	0	0
Mørk, Nora	05.04.1991	9	Right Back	1.67	Team Esbjerg Elitehandbold A/S	204	952
Muri, Maja Sofie	12.08.1999	35	Line Player	1.68	Molde HK Elite	3	3
Nypan, Johanne Halseth	25.06.2003	54	Right Back	1.72	Molde HK Elite	0	0
Obaidli, Anniken	22.06.1995	5	Centre Back	1.72	Storhamar Håndball Elite	24	27
Raasok, Eli Marie	21.11.1996	40	Goalkeeper	1.75	Storhamar Håndball Elite	31	1
Reistad, Henny Ella	09.02.1999	25	Centre Back	1.81	Team Esbjerg Elitehandbold A/S	120	548
Rosenberg, Nora Evelina Cecilia	15.03.2005	55	Left Back	1.82	Larvik Handballklubb	0	0
Rushfeldt Deila, Thale	15.01.2000	33	Left Back	1.78	DHG Odense	81	196
Rushfeldt Deila, Live	15.01.2000	8	Left Back	1.76	Team Esbjerg Elitehandbold A/S	40	48
Sæteren, Maja Furu	14.05.2003	30	Left Back	1.74	Larvik Handballklubb	16	31
Skogrand, Stine Ruscetta	03.03.1993	7	Right Back	1.73	Ikast f.S.	186	375
Skogstrand, Eli Smørgrav	21.03.2000	32	Goalkeeper	1.73	Molde HK Elite	0	0
Stensland, Mia	21.07.1999	1	Goalkeeper	1.78	Gjerpen Handball	0	0
Wollik, Anniken	05.12.1997	34	Left Wing	1.66	SCM Rm. Valcea	29	61

TEAM ROSTER

As of Mon 18 May 2026

Team: Norway
Competition: Women's EHF EURO CUP 2026 - Women's EHF Euro Cup 2026 - Round 5 & 6

Official	Birthdate	Nationality	Function
Olsson, Mats Åke	12.01.1960	SWE	Goalkeeper Coach (**LC**)
Gjekstad, Ole Gustav	29.11.1967	NOR	Head Coach (**LC**)
Gjerde, Joar	01.11.1988	NOR	Coach (**LC**)
Krøger, Henning	04.02.1954	NOR	Video & Analysis
Markussen, Nina	25.02.1984	NOR	Physiotherapist
Larsen, Tonje	26.01.1975	NOR	Assistant Coach
Kronborg, Lars	24.02.1993	NOR	Team Manager
Aas-Larsen, Petter Andrè	05.10.1981	NOR	Masseur
Kaalstad, Nora	12.06.2000	NOR	Head of Delegation
Olsen, Benedicte Watne	14.08.1991	NOR	Other
Fjerdumsmoen, Stine	29.04.1978	NOR	Doctor
Jensen, Benjamin	13.04.1975	NOR	Athletic Trainer
Gulbrandsen, Solveig	12.01.1981	NOR	Other

Dresses Colours

	Priority 1	Priority 2	Priority 3
Shirt color	Dark blue	Red	White
Short color	Dark blue	Dark blue	Dark blue
Goalkeeper shirt color	Blue	Black	Red

TEAM ROSTER

As of Mon 18 May 2026

Team: Norway
Competition: Women's EHF EURO CUP 2026 - Women's EHF Euro Cup 2026 - Round 3 & 4

Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Aardahl, Maren Nyland	02.03.1994	6	Line Player	1.83	DHG Odense	91	170
Andersen, Martine Kårigstad	07.05.2002	43	Left Back	1.77	Fana IL	1	0
Andersen, Frida Brandbu	27.09.2002	41	Left Back	1.73	Sola Handballklubb	0	0
Aune, Malin Larsen	04.03.1995	11	Right Wing	1.65	Storhamar Handball	117	218
Barka, Martha	13.06.1999	47	Line Player	1.75	Sola Handballklubb	0	0
Breistøl, Kristine	23.08.1993	14	Left Back	1.93	Györi ETO KC	120	214
Dahlum, Karine Emilie	16.12.1999	48	Right Back	1.74	SønderjyskE Damehåndbold A/S	3	2
Eiriksson, Kristin Loraas	26.01.2001	49	Centre Back	1.79	Oppsal IF Håndball	0	0
Grønstad, Pia	06.11.2005	50	Right Wing	1.80	Sola Handballklubb	0	0
Haugseng, Kaja Horst	23.09.2001	39	Line Player	1.82	Sola Handballklubb	6	5
Henriksen, Selma Helén	25.07.2002	19	Line Player	1.80	Sola Handballklubb	17	29
Hesselberg, Mina	20.04.2000	29	Left Wing	1.77	CS Rapid Bucuresti	5	7
Høgseth, Ane Cecilie	15.01.2001	46	Line Player	1.78	Ikast.f.S	29	13
Hovden, Emilie Margrethe	05.04.1996	26	Right Wing	1.63	Gyori Audi ETO KC	71	182
Hulleberg, Julie	15.06.2001	2	Left Back	1.80	Larvik Handballklubb	4	3
Kristiansen, Veronica Egebakken	10.07.1990	4	Left Back	1.74	Gyori Audi ETO KC	204	635
Krogh, June Cecilie	02.12.2003	44	Goalkeeper	1.87	Storhamar Håndball Elite	12	0
Kruse, Stella Waagan	07.05.2005	51	Left Wing	1.72	Tertnes Handball Elite	0	0
Løken, Nora	17.08.2000	52	Left Wing	1.69	Oppsal IF Håndball	0	0
Magnussen, Maja	30.06.1997	38	Right Wing	1.64	Nykøbing F. Håndbold	0	0

TEAM ROSTER

As of Mon 18 May 2026

Team: Norway
Competition: Women's EHF EURO CUP 2026 - Women's EHF Euro Cup 2026 - Round 3 & 4

Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Mørch, Tirill Alexandrine Solumsmoen	18.08.2000	53		1.80	Larvik Handballklubb	0	0
Mørk, Nora	05.04.1991	9	Right Back	1.67	Team Esbjerg Elitehandbold A/S	204	952
Muri, Maja Sofie	12.08.1999	35	Line Player	1.68	Molde HK Elite	1	0
Nypan, Johanne Halseth	25.06.2003	54	Right Back	1.72	Molde HK Elite	0	0
Obaidli, Anniken	22.06.1995	5	Centre Back	1.72	Storhamar Håndball Elite	22	25
Raasok, Eli Marie	21.11.1996	40	Goalkeeper	1.75	Storhamar Håndball Elite	29	1
Reistad, Henny Ella	09.02.1999	25	Centre Back	1.81	Team Esbjerg Elitehandbold A/S	118	533
Rosenberg, Nora Evelina Cecilia	15.03.2005	55	Left Back	1.82	Tertnes Handball Elite	0	0
Rushfeldt Deila, Thale	15.01.2000	33	Left Back	1.78	DHG Odense	80	193
Rushfeldt Deila, Live	15.01.2000	8	Left Back	1.76	Team Esbjerg Elitehandbold A/S	38	45
Sæteren, Maja Furu	14.05.2003	30	Left Back	1.74	Larvik Handballklubb	16	31
Skogrand, Stine Ruscetta	03.03.1993	7	Right Back	1.73	Ikast f.S.	184	368
Skogstrand, Eli Smørgrav	21.03.2000	32	Goalkeeper	1.73	Molde HK Elite	0	0
Stensland, Mia	21.07.1999	1	Goalkeeper	1.78	Gjerpen Handball	0	0
Wollik, Anniken	05.12.1997	34	Left Wing	1.66	SCM Rm. Valcea	27	51

TEAM ROSTER

As of Mon 18 May 2026

Team: Norway
Competition: Women's EHF EURO CUP 2026 - Women's EHF Euro Cup 2026 - Round 3 & 4

Official	Birthdate	Nationality	Function
Olsson, Mats Åke	12.01.1960	SWE	Goalkeeper Coach (**LC**)
Rantala, Lene	10.08.1968	DEN	Goalkeeper Coach (**LC**)
Gjekstad, Ole Gustav	29.11.1967	NOR	Head Coach (**LC**)
Krøger, Henning	04.02.1954	NOR	Video & Analysis
Markussen, Nina	25.02.1984	NOR	Physiotherapist
Larsen, Tonje	26.01.1975	NOR	Assistant Coach
Kronborg, Lars	24.02.1993	NOR	Team Manager
Aas-Larsen, Petter Andrè	05.10.1981	NOR	Masseur
Olsen, Benedicte Watne	14.08.1991	NOR	Other
Fjerdumsmoen, Stine	29.04.1978	NOR	Doctor
Jensen, Benjamin	13.04.1975	NOR	Athletic Trainer

Dresses Colours

	Priority 1	Priority 2	Priority 3
Shirt color	Red	Navy	White
Short color	Red	Navy	Navy
Goalkeeper shirt color	Black	Blue	Red

TEAM ROSTER

As of Tue 07 Oct 2025

EHF EUROPEAN HANDBALL FEDERATION

Team: Norway
Competition: Women's EHF EURO CUP 2026 - Women's EHF Euro Cup 2026 - Round 1 & 2

Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Aardahl, Maren Nyland	02.03.1994	6	Line Player	1.83	DHG Odense	78	134
Abdulla, Tina	20.09.1997	36	Right Wing	1.64	DHG Odense	4	7
Aune, Malin Larsen	04.03.1995	11	Right Wing	1.65	Storhamar Handball	104	190
Berg, Sara	09.09.2001	18	Left Wing	1.78	Larvik Handballklubb	5	1
Boge Solås, Kjerstin	31.12.1997	31	Left Back	1.82	Storhamar Håndball Elite	17	8
Breistøl, Kristine	23.08.1993	14	Left Back	1.93	Györi ETO KC	106	179
Eggen, Henriette Espetvedt	16.12.2002	27	Left Back	1.84	Tertnes Handball Elite	0	0
Frisendal, Dina	31.07.2004	42	Goalkeeper	1.77	Larvik Handballklubb	1	0
Granlund, Rikke Marie	14.11.1989	28	Goalkeeper	1.72	Sola Handballklubb	16	0
Haugseng, Kaja Horst	23.09.2001	39	Line Player	1.81	Sola Handballklubb	5	5
Henriksen, Selma Helén	25.07.2002	19	Line Player	1.79	Sola Handballklubb	3	8
Hesselberg, Mina	20.04.2000	29	Left Wing	1.77	CS Rapid Bucuresti	3	7
Hovden, Emilie Margrethe	05.04.1996	26	Right Wing	1.63	Gyori Audi ETO KC	57	137
Høve, Tuva Ulsaker	11.06.2000	17	Right Wing	1.72	SCM RM VALCEA	7	13
Hulleberg, Julie	15.06.2001	2	Left Back	1.80	Larvik Handballklubb	4	3
Ingstad, Vilde Mortensen	18.12.1994	15	Line Player	1.80	FTC-Rail Cargo Hungaria	137	215
Kristiansen, Veronica Egebakken	10.07.1990	4	Left Back	1.74	Győri Audi ETO KC	190	607
Kristiansen Bakkerud, Ingvild	09.07.1995	21	Left Back	1.87	DHG Odense	74	121
Krogh, June Cecilie	02.12.2003	44	Goalkeeper	1.87	Storhamar Håndball Elite	6	0
Lunde, Katrine	30.03.1980	16	Goalkeeper	1.80	SU ZRK Crvena Zvezda	376	3

TEAM ROSTER

As of Tue 07 Oct 2025

Team: Norway
Competition: Women's EHF EURO CUP 2026 - Women's EHF Euro Cup 2026 - Round 1 & 2

Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Magnussen, Maja	30.06.1997	38	Right Wing	1.64	Nykøbing F. Håndbold	0	0
Mørk, Nora	05.04.1991	9	Right Back	1.69	Team Esbjerg Elitehandbold A/S	192	913
Muri, Maja Sofie	12.08.1999	35	Line Player	1.68	Molde HK Elite	1	0
Nestaker, Guro	15.08.1998	3	Left Back	1.81	BV Borussia 09 Dortmund	9	15
Novak, Kristina Sirum	29.08.2000	22	Right Back	1.76	CSM Bucuresti	34	47
Obaidli, Anniken	22.06.1995	5	Centre Back	1.72	Storhamar Håndball Elite	19	20
Raasok, Eli Marie	21.11.1996	40	Goalkeeper	1.75	Storhamar Håndball Elite	15	1
Reistad, Henny Ella	09.02.1999	25	Centre Back	1.81	Team Esbjerg Elitehandbold A/S	107	463
Rushfeldt Deila, Thale	15.01.2000	33	Left Back	1.78	DHG Odense	67	155
Rushfeldt Deila, Live	15.01.2000	8	Left Back	1.76	Team Esbjerg Elitehandbold A/S	24	32
Sæteren, Maja Furu	14.05.2003	30	Left Back	1.73	Larvik Handballklubb	15	28
Skogrand, Stine Ruscetta	03.03.1993	7	Right Back	1.73	Ikast f.S.	171	347
Solberg-Isaksen, Sanna Charlotte	16.06.1990	24	Left Wing	1.78	Team Esbjerg Elitehandbold A/S	230	450
Stensland, Mia	21.07.1999	1	Goalkeeper	1.78	Gjerpen Handball	0	0
Wollik, Anniken	05.12.1997	34	Left Wing	1.66	SCM Ramnicu Valcea	14	12

TEAM ROSTER

As of Tue 07 Oct 2025

Team: Norway
Competition: Women's EHF EURO CUP 2026 - Women's EHF Euro Cup 2026 - Round 1 & 2

Official	Birthdate	Nationality	Function
Olsson, Mats Åke	12.01.1960	SWE	(**LC**)
Gjerde, Joar	01.11.1988	NOR	(**LC**)
Krøger, Henning	04.02.1954	NOR	
Markussen, Nina	25.02.1984	NOR	
Larsen, Tonje	26.01.1975	NOR	Unknown
Gjekstad, Ole Gustav	29.11.1967	NOR	Unknown
Kronborg, Lars	24.02.1993	NOR	
Sodal, Siv	23.03.1967	NOR	
Longe, Tania	04.04.1974	NOR	Unknown
Kvalvåg, Per Olav	24.09.1981	NOR	
Ryther, Thomas	12.01.1985	NOR	
Aas-Larsen, Petter Andrè	05.10.1981	NOR	
Olsen, Benedicte Watne	14.08.1991	NOR	

Dresses Colours

	Priority 1	Priority 2	Priority 3
Shirt color	Navy Blue	Red	White
Short color	Navy Blue	Navy Blue	Navy Blue
Goalkeeper shirt color	Blue	Black	Red