

TEAM ROSTER

As of Mon 31 Mar 2025

Team:  Portugal

Competition: Women's World Championship 2025 - Qualification Europe Phase 2

Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Bento Campos, Rita	21.03.2002	11	Line Player	1.83	S.L. Benfica	8	2
Claudino Figueiredo, Carmen Filipa	03.01.2005	81	Left Back	1.77	Club Balonmano Elche	21	36
Coelho Oliveira, Joana Filipe	04.01.2002	4	Centre Back	1.70	SIR 1 Maio/ADA CJB	0	0
Costa Moreno, Débora Solange	18.03.1998	98	Left Back	1.76	ALBA Fehérvár KC	1	0
Costa Rosa, Matilde Felicio	08.07.2005	18	Goalkeeper	1.74	S.L. Benfica	12	0
Costa Semedo, Joana Rosa	04.02.2005	71	Right Back	1.77	S.L. Benfica	0	0
Da Silva Lima, Patrícia Andreia	03.02.1995	19	Centre Back	1.78	CB F. Malaga Costa del Sol	58	95
De Sousa Loureiro, Carolina	02.05.1998	10	Left Back	1.85	DHK Baník Most	9	5
Dos Santos Resende, Joana	23.03.2001	73	Left Back	1.76	Club Balonmano Femenino Malaga Costa del Sol	31	81
Emídio Rodrigues, Patrícia	06.11.1997	23	Right Wing	1.65	S.L. Benfica	59	212
Ferraz Costa, Mariana	29.08.2003	36	Left Wing	1.76	Sport Lisboa e Benfica	12	19
Ferreira Gomes Brito, Mariana	20.06.2003	30	Right Wing	1.74	DHG Odense	7	4
Ferreira Lopes, Mariana	09.12.1994	2	Left Back	1.73	Békéscsabai Elore NKSE	73	242
Ferreira Oliveira Garcês, Joana	27.11.2000	29	Right Wing	1.70	Madeira Andebol SAD	3	4
Ferreira Silva, Mariana	18.06.2005	46	Goalkeeper	1.73	CJ Almeida Garrett	0	0
Figueira Góis, Isabel Cristina	10.10.1995	1	Goalkeeper	1.82	Madeira Andebol SAD	92	0
Filipe Pestana Figueira, Julia	12.06.2005	13	Right Wing	1.65	Madeira Andebol SAD	1	1
Freitas Gouveia, Anaís Isabelle	16.07.1996	3	Right Wing	1.69	Füchse Berlin Reinickendorf	29	27
Gomes Jesus, Luana Miriam	22.02.2004	61	Left Wing	1.62	C.D.E. Colegio de Gaia	0	0

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Gomes Unjanque, Maria João	11.02.2003	99	Left Back	1.77	S.L. Benfica	20	54
Jesus Nolasco Duarte, Maria	22.03.1998	15	Centre Back	1.63	Madeira Andebol SAD	6	11
Mahouin Ribeiro, Lola Salome	02.08.2005	37	Right Wing	1.64	HB CLERMONT D'AUVERGNE METROPOLE	0	0
Martins Costa, Vera Cristina	18.05.2002	60	Right Wing	1.63	ADA de Sao Pedro do Sul	0	0
Minciuna, Mihaela Oana	17.04.1999	77	Centre Back	1.74	Sport Lisboa e Benfica	24	54
Nogueira Martins, Caroline Aparecida	21.01.1992	92	Goalkeeper	1.83	Mosonmagyaróvári KC	0	0
Nunes Monteiro, Carolina	08.10.1998	6	Left Wing	1.69	SL Benfica	39	60
Policarpo Silva, Ana Carolina	19.09.1997	9	Left Back	1.75	BMC Motive.co Gijon	36	12
Ramos Sequeira, Constança	17.02.2004	8	Centre Back	1.72	Sport Lisboa e Benfica	13	20
Resende Rebelo, Luciana	25.07.2005	25	Right Back	1.87	Alavarium	20	28
Rodrigues Sabino, Bebiana Catarina	15.11.1986	7	Line Player	1.74	C.D.E. Colegio de Gaia	148	244
Silva Ferreira, Sofia Maria	02.09.2005	5	Line Player	1.66	S.L. Benfica	0	0
Silva Guimarães, Rita Margarida	29.06.2005	44	Goalkeeper	1.69	ABC de Braga	0	0
Silva Silveira Gonçalves, Leonor	19.09.2000	31	Right Wing	1.68	CJ Almeida Garrett	6	8
Sousa, Beatriz Fabiana	27.09.2001	27	Right Back	1.70	HB CLERMONT D'AUVERGNE METROPOLE	36	109
Vargas Ferreira, Jessica Romina	11.10.1996	16	Goalkeeper	1.80	Békéscsabai Elore NKSE	66	2

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Official	Birthdate	Nationality	Function
Soares David Paiva Silva, José António	14.04.1965	POR	Head Coach (LC)
Rito dos Santos, Sheila Cristina	22.09.1972	POR	Team Manager
Queiroz Rodrigues, Paulo Alexandre	17.03.1957	POR	Doctor
Espirito Ferreira Sousa, Juliana	26.06.1977	POR	Head of Delegation
Onofre Pereira, Renata Maria	16.12.1991	POR	Physiotherapist
Couto Sousa, Tiago Constantino	21.04.1989	POR	Goalkeeper Coach
Martins Maiato Martins, Miguel	02.11.1994	POR	Media Manager
Osorio Sousa, Ana Sofia	28.09.1993	POR	Athletic Trainer
Loureiro Borges, Serafim José	26.03.1968	POR	Assistant Coach

Dresses Colours

	Priority 1	Priority 2	Priority 3
Shirt color	Red	White	
Short color	Green	Black	
Goalkeeper shirt color	Yellow	Black	