

TEAM ROSTER

As of Fri 31 Jul 2026

Team:  Norway

Competition: Men's 18 EHF EURO 2026 - Final Tournament

Player	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Baadsvik, Karl Johannes Green	04.12.2009	1	Goalkeeper	1.95	Kolstad Håndball	5	0
Bjørnstad, Eskil	01.03.2008	13	Back	1.94	Grenland Topp håndball	0	0
Brogård, Håkon	30.07.2008	21	Left Back	2.02	HK Herulf Moss	7	8
Dolva, Kristian	11.08.2008	22	Line Player	1.92	Haslum IL	7	16
Dybing, Leon	25.11.2009	4	Line Player	1.90	Ålgård HK	5	2
Johansen, Einar	25.02.2008	8	Back	1.81	Elverum Handball	0	0
Lund, Tormod Igland	09.01.2008	24	Right Back	1.88	Bjarg IL	7	41
Müller, Morten Molvik	22.04.2008	25	Right Wing	1.82	Bjarg IL	5	26
Nilsson, Axel Brenne	09.10.2008	12	Goalkeeper	1.95	Kolstad Håndball	0	0
Olsen, Rasmus Bo Sandbekk	24.03.2008	30	Centre Back	1.98	Nordsjælland Håndbold A/S	7	34
Reime, Oscar	28.04.2009	2	Left Wing	1.84	Stavanger IF Håndball	5	6
Romsås, Sander Linge	09.04.2008	31	Back	1.93	Drammen HK	0	0
Sæter, Trygve Heimen	04.01.2009	27	Back	1.95	Bergen HK	0	0
Schildmann, Noahlee Erlandsson	08.02.2008	9	Right Back	1.89	Elverum Handball	7	11
Sperre, Selmer Dreng	23.08.2009	6	Wing	1.81	Idrettslaget Runar	0	0
Strømman, Arve Myhrvold	29.04.2009	3	Wing	1.90	Kolstad Håndball	2	1

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Nominated Players	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Aarø, Sebastian Sobczak	07.05.2008	10	Back	1.93	Sandefjord Handball	0	0
Bakkedal-Andersen, Eirik	14.06.2009	34	Back	1.96	Elverum Handball	2	2
Bøe, Karsten Eikevik	11.01.2009	26	Line Player	1.94	Bjarg IL	0	0
Buivydas, Titas	12.08.2009	33	Back	1.96	Kolstad Håndball	0	0
Ekpete, William Kene	17.03.2009	18	Centre Back	1.90	Kolstad Håndball	7	9
Grøndahl, Herman Anker	17.01.2008	23	Back	1.87	Sandefjord Handball	0	0
Grønstad, Ola	07.06.2009	11	Back	1.95	Ålgård HK	2	3
Gullen, John Kristoffer	20.06.2009	17	Right Wing	1.85	Drammen HK	7	5
Hagen, Jo	13.02.2009	29	Back	1.93	Haslum IL	0	0
Iversen, Victor	24.07.2008	7	Wing	1.86	Follo HK	2	3
Kjelling, Noah Lundberg	30.03.2009	19	Back	1.91	Drammen HK	0	0
Kristensen, Thomas	18.09.2008	5	Wing	1.90	Sandnes HK	0	0
Larsen, Ludvig Rogstad	31.10.2008	28	Goalkeeper	1.90	Drammen HK	2	0
Myklebust-Lande, Johann	22.08.2009	20	Back	1.84	Kolbotn IL	0	0
Rødberg, Sigurd Bergquist	25.02.2008	16	Goalkeeper	1.93	GOG Håndbold	0	0
Soma, Eirik Brundtland	21.08.2009	32	Left Back	2.04	Viking HK	7	4
Tangen, Jonas	09.11.2009	44	Goalkeeper	1.99	Drammen HK	0	0
Willmann, Johannes	20.04.2008	14	Back	1.85	Kolstad Håndball	0	0

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Replaced Players	Birthdate	Nr.	Position	Height (in m)	Club	Int. Matches	Goals
Wallevik, Gustav	05.03.2009	15	Left Back	1.97	Åsane	7	14

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Official	Birthdate	Nationality	Function
Froestad , Kristoffer	08.10.1985	NOR	Assistant Coach (LC)
Hauge , Rasmus Skytte	31.01.1983	DEN	Head Coach
Sørensen , Christian	28.08.1982	NOR	Team Manager
Walstad , Sindre Yngve	30.09.1972	NOR	Goalkeeper Coach
Lund , Julia Eilin	01.01.1990	NOR	Physiotherapist

Dresses Colours

	Priority 1	Priority 2	Priority 3
Shirt color	Red	White	
Short color	Navy Blue	Navy Blue	
Goalkeeper shirt color	Royal Blue	Black	Red